Complete as many activities as you want! Make sure to take pictures and videos while you are doing the activities. Write down the points you get on the next page. Let's see who will get the most amount of points in our class!

UAL Field Day

Click here to get in some yoga 2 points	How many push ups can you do in 1 minute? (each pushup is a point)	See how long you can keep jumping skip rope for 4 points	Click here to do the bottle flip challenge 1 point for each successful flip
Click here to learn how to play bowl ball. Tally up your	Click here to learn about the shoe challenge. Play!	Create and play a game of hopscotch 3 points	Click here to learn the rules to the towel challenge. Tally your points .
Click here to learn the rules to Corn Hole Paper Plane Challenge. Tally Points	Time how long you can balance on one foo l 5 poinls	Count how many times you can hula hoop in 3 minutes 2 points	Wałer balloon łoss (see how many you can geł in a bullseye) 5 poinłs
Click here for the rules to the egg challenge. Count how many rounds you got without dropping it	Click here to play backboard bank it. Count how many	Click here to learn the rules to "If the shoe fits" 6 points	Click here to learn the clothes relay rules. 7 points

